

NAME	RESULT
Ability to eliminate harmful substances	Normal
Adipose tissue formation	Normal
Antioxidant capacity	Slightly reduced
Beta-carotene levels and vitamin A metabolization	Slightly increased
Bitter Taste Perception	You may perceive the bitter taste
Blood Glucose	93 mg/dl (average)
Blood Glucose In Obese Children	Increased insulin resistance
Caffeine And Anxiety	Normal levels
Caffeine Consumption	Increased consume
Caffeine and sports performance	Increased performance
Celiac disease predisposition	Is predisposed to develop it
Childhood Obesity Measurements	BMI slightly increased
Diet Response	Worse response
Exercise-associated muscle cramps	Low risk
Exercise-induced muscle damage (initial phase)	Increased risk
Exercise-induced muscle damage (regeneration capacity)	Usual ability
Exercise-induced muscle damage (second phase)	Probable risk
Food intake control	Slightly prone to overeat
Genetic predisposition to peanut allergy	Increased
Glucose Tolerance Response With Exercise	Typical
HDL Cholesterol Levels	Normal
Histamine intolerance	Normal
LDL Cholesterol Levels	Slightly less
Lactose Intolerance	Probably tolerant
Long-chain omega fatty acids levels	Normal
Muscle Endurance	Probably endurance athlete

SAMPLE REPORT



Obesity Measurements	Increased BMI
Preference For Sweets	Typical
Response To Exercise	Weight loss with exercise and reduced caloric intake
Tendinopathies in lower extremities (legs)	Normal risk
Tendinopathies in upper extremities (arms)	Normal risk
Vitamin B12 levels	Increased
Vitamin C levels	Slightly decreased vitamin C levels
Vitamin D levels	Decreased vitamin D levels
Vitamin E levels	Slightly increased vitamin E levels

SAMPLE REPORT